



> Taking back your lifestyle.

NEW PATIENTS

What You Need For Your First Appointment

(please print and bring with you for your appointment)

The Clinicians and Staff at Buffalo Spine and Sports Institute look forward to helping you take back your lifestyle.

To make your visit easier, please complete the following check list and bring the necessary items with you.

- o Buffalo Spine and Sports Institute will call you to confirm your appointment.
- o Please arrive promptly for your appointment. This time has been reserved for you and late arrival may result in rescheduling your appointment.
- o If your insurance requires a referral, it is your responsibility to have the referral and to be certain it is dated on or before the scheduled visit. Please bring the referral letter with you. If you do not have a referral, please call your primary care physician to obtain a referral number and date.
- o Please bring all medical insurance information, including your insurance card.
- o For Auto injuries please bring case number and auto insurance information
- o For Workers Compensation please bring your case number, name and address of Workers' Compensation carrier, and name and phone number of your employer at the time of your accident
- o Please bring all actual films (CT Scan, MRI or X-Ray) and any medical reports that are related to this problem.
- o Please bring a list of all medications you are currently taking, including over-the-counter, vitamins and herbal supplements. Also include any medications you have tried and failed for this condition.
- o Please bring a pair of shorts for the physician's exam, if you will be more comfortable (optional)
- o Physical Therapy patients please bring:
 - o Sneakers, T-shirt and shorts or loose sweats,
- o Please list all previous physical therapy and/or chiropractic care you have received for this condition.
- o If you are under the age of 18, you must be accompanied by a parent or have written consent of a parent or guardian.